



Richmond High School Health Center

► Health Center: Who We Are

Our mission is to provide youth-friendly, easily accessible health and wellness services to all students on campus.

The Richmond High School-Based Health Center was established in June 1996 as a collaboration effort between the West Contra Costa Unified School District and Contra Costa Health Services. The center utilizes an interdisciplinary approach to provide RHS students with medical, mental, health and youth development services. It values youth voice, community partnerships, and school administration, and it strives to be a central location on campus that provides coordinated care linking students to health, wellness, and community services



"The Health Center allows us to be a school that addresses the whole child. The staff not only is there in moments of crisis, but is there for ongoing support of our students, staff, parents and community." - Assistant Principal

► Services Provided

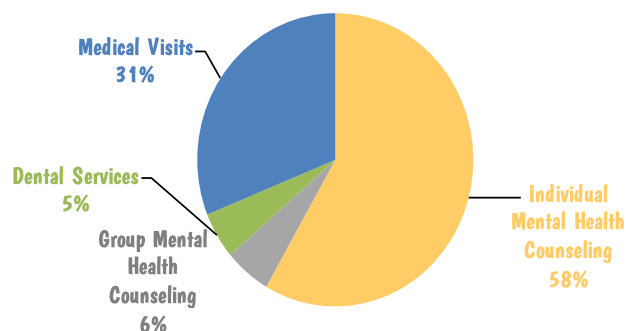
Medical Services include routine exams (including sports physicals), immunizations, screening and treatment of sexually transmitted infections (STIs) and family planning.

Dental Services include dental x-rays, cleaning and treatment. Referrals to primary health care and other medical services are provided.

Mental Health/Counseling Services include weekly counseling for students. Assessment and treatment of depression, stress management and relationships issues including violence. Support groups around: anger, substance abuse, trauma, LGBTQ, sexual assault, and grief are also available.

Health Education/Youth Development is provided on topics such as pregnancy prevention, relationships, HIV/STI prevention, nutrition and substance abuse prevention. Health Center staff work closely with student health advisors to guide and inform projects to promote health access and community tot youth.

SBHC Visits Provided (n=3,370)



► Medical Services:

Medical: On-site through a fully operational clinic

Total Number of Youth Served	317
Total Number of Visits	1,048
Total Number of Visits Per Student	3.3



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▶ Student Impact

The Richmond High School Health Center utilizes a youth advisory board called Youth Health Worker Program (YHW), to promote health services to the campus community through events and workshops.

Additionally, new to the health center in 2016/17, the Young Men's Empowerment Collaborative (YMEC). YMEC aims to promote healing and justice among boys and young men of color who are disproportionately impacted by community violence by improving school climate, and identifying and connecting young male survivors of violence to effective support services. In 2016/17, 30 young men of color are participating in evidence-based support groups shown to heal trauma and improve academic success.



"The health center has got me aware of my body, how to take care of it, and how to be responsible about my actions. It has also taught me that my future is very important. We should have more of them..."

-Richmond High School Student

▶ Special Acknowledgement for our Partners & Supporters

Community Partners

Contra Costa Health Services
Contra Costa Children's Mental Health
41st Clinic
Y TEAM of the East Bay
California School-Based Health Alliance
Community Health for Asian Americans
Familias Unidas
West Contra Costa Unified School District
Community Violence Solutions, Healthy Richmond
STAND for Families Free of Violence
Catholic Charities: Restorative Justice
RHS African-American Parent – Student Collaborative
Alive & Free Omega Boys Clun
Bay Area Peace Keepers
RYSE, 21st Century Mentors
Girls Inc., Youth Services Bureau
Youth Together, Contra Costa Food Bank
Richmond High Health & Multi Media Academy
Richmond High Staff & Administration
UC Berkeley School of Social Welfare
YMCA of the East Bay (The Y-Team)



▶ Contact Information

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